

Silverado Socrates Bio:

I was born in Cold Lake, Alberta the daughter of a Canadian armed forces officer. My father was transferred between there and Summerside, Prince Edward Island in my first 12 years and he retired to the Okanagan in 1981. I had goals of going to the Olympics and having a horse during my time in PEI. Our family moved to Saskatchewan for my grade 7 year, to a base that had a stables near by. I pitched in money i had earned mowing lawns, and shovelling snow to buy my first horse. Two years later, our family had 2 full grown horses and 2 yearlings that moved with us to our West Kelowna acreage. I had great coaches through high school and university that set me on course to the Olympics, but I literally stepped off that track in large part due to being uncomfortable with the spot light. The CIS record from my third year of university at UVic still exists and our 4x800m lasted about 25 years (Tanya Jones, another Okanagan grown gal, was also on that relay team). Thirty years in the tourism field as a horse trailride owner operator, toastmasters, open mikes and karaoke have destroyed my past fears and set me back on track to help positively represent Canada.