

I was born in Edmonton but I have deep roots in many Kelowna communities. My mother's family relied on the oil and gas industry for work. Their livelihoods and hardships followed the boom and busts of the resource extraction industry. My father's family originally emigrated from Hong Kong to find work with the CPR railway.

Health care and wellness is top of everyone's mind in our community as we face concurrent crises. These crises include flattening the curve of COVID19, recovering the economy safely without leaving anyone behind, the Opioid Crisis, and Climate Change. These crises have widened socio-economic inequalities, and caused deep social divisions. Respecting public health guidelines is critical, but social isolation has also disconnected us from one another. Families are struggling to balance new back to school protocols with their work life priorities. My interest in health care leads me to work in the fitness and health food industries. I'm now employed as an Analyst with Interior Health. I will make mental and physical health a top priority if elected the next MLA of the Kelowna-Mission.

I have volunteered with many Kelowna organizations in the past to support those in need, including Project Literacy and United Way. Because mental health and substance use has had such a profound impact on my family, I'm drawn to volunteer with people experiencing homelessness and addictions through events like the Coldest Night of the Year, and as a volunteer with the Welcome Inn Shelter.

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*Pronouns: She/Her/Hers | I acknowledge that my work place is within the ancestral, traditional, and unceded territory of Sylix Nations.*

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